

Lyric Sheet



The Serenity Room

Take a moment to get comfortable

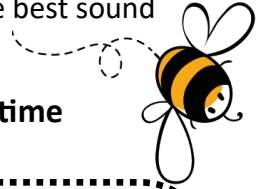
To help you get the most from this session we invite you to:

Find a quiet & comfy place to sit | Turn down the lights and light candles

Turn off sound on other devices | Use headphones for the best sound

Bee sure to have a pen or pencil to hand

Don't forget to log in early to get set up in plenty of time



It's OK to stop

Breathe In, Breathe Out
It's okay to stop.
It's okay to close your eyes.
It's OK to stop.
And breathe for a while.

My Breath is Life

I breathe in and,
I breathe out and
my breath is life.

Bathed in Moonlight

Bathed in, moonlight,
Soft breeze, Quiet night

Middle:

Don chit dit di deet
don don don
Don chit dit di deet don

Low:

Dom dom dom dom
Dom dom dom dom

High:

Oooooo



Bird of Light

Part 1 - Hamsa so hum,
hamsa so hum

Part 2 - I am that I am that I
am, I am that I am that I am

Part 3 - So hum, so hum,
so hum, so hum

Part 4 - I am this breath,
I am this voice

Part 5 - I am a bird of light,
I am a bird flight

We are the Song

We are the tide,
We are the ebb,
We are the weaver
and we are the web.

May You be Safe

May you be safe,
May you be well,
May you live with ease,
and may you have peace.

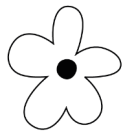
Kis Nay Bananyaa

Ki-s nay ba-naa-yaa poo-lo ko
Ki-s nay ba-naa-yaa poo-lo ko
Poo-lo ko, Poo-lo ko,
Ki-s nay ba-naa-yaa poo-lo ko

Ki-s nay ba-naa-yaa match-lee ko
Ki-s nay ba-naa-yaa match-lee ko
Match-lee-ko, Match-lee ko
Ki-s nay ba-naa-yaa match-lee ko

Ki-s nay ba-naa-yaa ta-ro ko,
Ki-s nay ba-naa-yaa ta-ro ko,
Ta-ro ko, Ta-ro ko,
Ki-s nay ba-naa-yaa ta-ro ko

Ki-s nay ba-naa-yaa
tum-ko mu-jh ko,
Ki-s nay ba-naa-yaa
tum-ko mu-jh ko,
Tum-ko mu-jh ko,
Tum-ko mu-jh ko,
Ki-s nay ba-naa-yaa
tum-ko mu-jh ko,
Tum-ko mu-jh ko x 2



Burn Brightly

Let the fire in your heart burn brightly,
Let the fire in your heart burn strong,
Let the flames of your passion
burst alive in song,
Let the fire in your heart burn strong.

Fire, fire, fire, fire, fire.

You Are Enough

You are enough,
enough is who you are
I am enough,
enough is who I am
We are enough,
enough is who we are

